



# 6<sup>TH</sup> INTERNATIONAL CONGRESS ON CARDIORESPIRATORY PHYSIOTHERAPY

**NH CONGRESS  
CENTER**  
ASSAGO, MILAN  
ITALY

**PRECISION PHYSIOTHERAPY  
IN CARDIORESPIRATORY  
DISEASES: ADVANCING  
INTO THE FUTURE**



*Milan*

**MAY 8/10, 2026**

## ECM PROVIDER AND ORGANIZING SECRETARIAT

**Summeet** – Provider ID 604

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## OPERATIONAL SECRETARIAT

**Victory Project Congressi**

**Powered by Summeet**

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[info@victoryproject.it](mailto:info@victoryproject.it) - [www.victoryproject.it](http://www.victoryproject.it)

## CONGRESS VENUE

**NH Milano Congress Center**

Strada 2, 20057 Assago MI (Italy)

## FOR FURTHER INFORMATION

Please, visit the website:

[www.arirassociazione.org](http://www.arirassociazione.org)

and follow us



Milan



## PRESIDENT OF THE CONGRESS

**Andrea Lanza** (*Milano, IT*)

## EXECUTIVE COMMITTEE

Francesco D'Abrosca (*Novara, IT*)

Giuseppe Gaudiello (*Milano, IT*)

Marta Lazzeri (*Milano, IT*)

Sara Mariani (*Milano, IT*)

Mariangela Retucci (*Milano, IT*)

Martina Santambrogio (*Milano, IT*)

## SCIENTIFIC COMMITTEE

Stefano Becchiati (*Milano, IT*)

Raffaella Bellini (*Verona, IT*)

Angela Bellofiore (*Milano, IT*)

Paolo Buonpensiero (*Napoli, IT*)

Salvatore Caiffa (*Genova, IT*)

Alessia Colombo (*Milano, IT*)

Alessia Coltraro (*Lausanne, CH*)

Beatrice Ferrari (*Firenze, IT*)

Eleonora Funaro (*Milano, IT*)

Sabrina Gentile (*Napoli, IT*)

Sara Lupone (*Ancona, IT*)

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Matteo Masolini (*Firenze, IT*)

Salvatore Musella (*Napoli, IT*)

Mara Paneroni (*Brescia, IT*)

Pappacoda Gabriele (*Milano, IT*)

Diego Poddighe (*Leuven, BE*)

Veronica Polelli (*Milano, IT*)

Emilia Privitera (*Milano, IT*)

Luciana Ptacinsky (*Milano, IT*)

Veronica Rossi (*Milano, IT*)

Elena Sciarillo (*Napoli, IT*)

Salvatore Sciurello (*Milano, IT*)

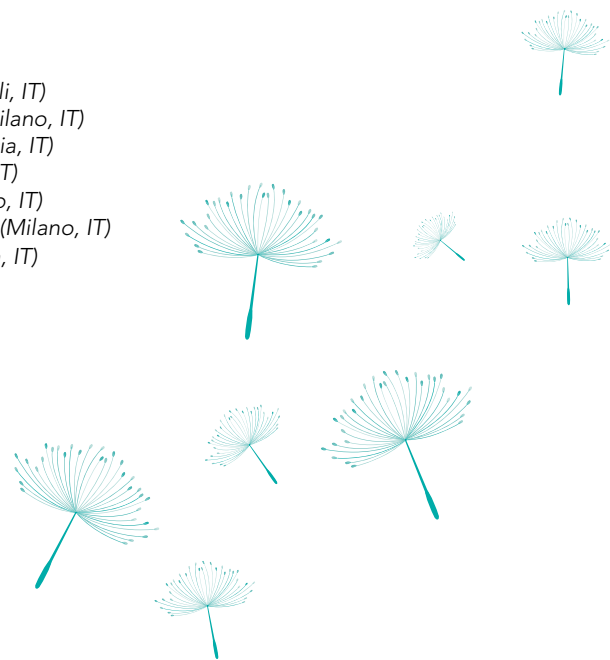
Carla Simonelli (*Brescia, IT*)

Beatrice Tani (*Roma, IT*)

Davide Tarello (*Milano, IT*)

Anastasia Toccafondi (*Milano, IT*)

Fabio Tortella (*Verona, IT*)





## ARIR PROFILE

ARIR **has been founded in 1989 by a group of Physiotherapists** who want to be the voice of professionals who work in Respiratory Care and contribute to develop this profession ensuring high quality training and continuing medical education and promoting discussion between those were working in Respiratory Physiotherapy and Pulmonary Rehabilitation. The multidisciplinary and Evidence-Based-Medicine approach are the preferred paradigms for pursuing the above objectives.

In the last 20 years, ARIR created significant links and collaboration with associations involved in the field of Physiotherapy and Pulmonary rehabilitation. ARIR was a founder of the **European Respiratory Care Association** (ERCA) and has established national and international partnerships with major scientific societies including **American Association for Respiratory Care** (AARC), **European Respiratory Society** (ERS), **Spanish Society of Pneumology and Thoracic Surgery** (SEPAR), **Associazione Italiana Pneumologi Ospedalieri** (AIPO), **Associazione Italiana Fisioterapisti** (AIFI) and **Società Italiana per le Malattie Respiratorie Infantili** (SIMRI).

One other relevant initiative made by ARIR is the first level professional master's programme on Respiratory Physiotherapy and Pulmonary Rehabilitation, which is now at the twentieth edition and has trained more than 400 italian and foreign incomer respiratory physiotherapists. This initiative contributes concretely to the commencement of this discipline in Italy.

13.00-13.45 REGISTRATION / *REGISTRAZIONE DEI PARTECIPANTI*

13.45-14.00 OPENING SESSION / *APERTURA DEI LAVORI*

## PLENARY ROOM

14.00-15.30 **PLENARY SESSION:** THE RESPIRATORY PHYSIOTHERAPIST AT THE BORDERS /  
*IL FISIOTERAPISTA RESPIRATORIO AI CONFINI*

15.30-16.00 **KEYNOTE LECTURE**

16.00-17.00 COFFEE AND VISIT TO THE EXHIBITION HALL / *CAFFÈ E VISITA ALL'AREA ESPOSITIVA*  
SIMULATOR SESSIONS / *SESSIONI CON IL SIMULATORE*

17.00-18.30 **PARALLEL SESSIONS**

### PLENARY ROOM

**ARIR-AIMS JOINT SESSION / SESSIONE CONGIUNTA ARIR-AIMS** ADAPTIVE SERVO-VENTILATION IN  
HEART FAILURE: REWRITING THE NARRATIVE TEN YEARS LATER/ *VENTILAZIONE SERVO ADATTIVA NELLO*  
*SCOMPENSO CARDIACO: A DIECI ANNI SI RIPRENDE LA STORIA*

### ROOM C

PRECISION PHYSIOTHERAPY IN RESPIRATORY CARE FOR PEOPLE LIVING WITH NEUROMUSCULAR DISEASE:  
HOW TO TAILOR THE TREATMENT / *FISIOTERAPIA DI PRECISIONE NELLA GESTIONE RESPIRATORIA DELLE*  
*PERSONE CON MALATTIE NEUROMUSCOLARI: COME PERSONALIZZARE IL TRATTAMENTO*

### ROOM D

NIV IN PAEDIATRICS / *NIV NEL BAMBINO*

### ROOM A+B

18.30-20.00 FISIOGAME

**PLENARY ROOM**

- 08.30-10.00 **PLENARY SESSION: ARIR-SEPAR-SPP JOINT SESSION/SESSIONE CONGIUNTA ARIR- SEPAR-SPP** NIV AND TELEMONITORING: BEYOND DATA COLLECTION / *NIV E TELEMONITORAGGIO: OLTRE LA RACCOLTA DATI*
- 10.00-11.00 COFFEE AND VISIT TO THE EXHIBITION HALL / *CAFFÈ E VISITA ALL'AREA ESPOSITIVA*  
SIMULATOR SESSIONS / *SESSIONI CON IL SIMULATORE*

11.00-12.30 **PARALLEL SESSIONS****PLENARY ROOM**

TAILORED PHYSIOTHERAPY IN CRITICAL CARE: ADVANCING INTO THE FUTURE / *FISIOTERAPIA IN AREA CRITICA: LE NUOVE FRONTIERE*

**ROOM C**

EXERCISE AND FATIGUE IN COPD: TRAIN THE TRAIT / *ESERCIZIO E FATICA NELLA BPCO: ALLENIAMO IL TRATTO!*

**ROOM D**

NEAR THE LUNGS: THE HEART ZONE / *VICINO AL POLMONE: IL RUOLO DEL CUORE*

12.30-13.30 **LUNCH WORKSHOPS**

- 13.30-15.00 COFFEE AND VISIT TO THE EXHIBITION HALL / *CAFFÈ E VISITA ALL'AREA ESPOSITIVA*  
SIMULATOR SESSIONS / *SESSIONI CON IL SIMULATORE*



**PLENARY ROOM**

15.00-16.30 **PLENARY SESSION: ARIR-AIPO JOINT SESSION/SESSIONE CONGIUNTA ARIR- AIPO** RESPIRATORY PHYSIOTHERAPY AND MEDICATION THERAPY: SYNERGIES IN CARE / *FISIOTERAPIA RESPIRATORIA E TERAPIA FARMACOLOGICA: SINERGIA DI CURA*

16.30-17.30 **PARALLEL SESSIONS****PLENARY ROOM**

16.30-17.30 ORAL PRESENTATIONS / *PRESENTAZIONI ORALI*

**ROOM C**

16.30-17.30 ORAL PRESENTATIONS / *PRESENTAZIONI ORALI*

**ROOM D**

16.30-17.30 ORAL PRESENTATIONS / *PRESENTAZIONI ORALI*

**ROOM A**

16.30-17.30 RESPIRATORY CARE: OUTCOMES, RESEARCH AND CLINICAL CHALLENGES / *RESPIRATORY CARE: OUTCOME, RICERCA E SFIDE PER LA PRATICA CLINICA*

17.30-19.00 **PARALLEL SESSIONS****PLENARY ROOM**

17.30-19.00 TREATABLE TRAITS IN CHILDREN WITH MEDICAL COMPLEXITY / *TRATTI TRATTABILI NELLA DISFUNZIONE RESPIRATORIA DEL BAMBINO COMPLESSO*

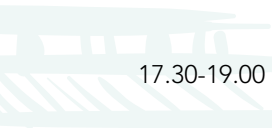
**ROOM C**

17.30-19.00 PRECISION AIRWAY CLEARANCE: A CLINICAL CHALLENGE / *DISOSTRUZIONE BRONCHIALE DI PRECISIONE: UNA SFIDA CLINICA*

**ROOM D**

17.30-19.00 ASSESMENT IN REHABILITATION AND PRE-HABILITATION / *VALUTAZIONE IN RIABILITAZIONE E PRE-ABILITAZIONE*

19.30-22.00 **AriR AWARD**



**PLENARY ROOM**

08.30-10.00 **PLENARY SESSION:** PRECISION PHYSIOTHERAPY IN THE ICU: BRINGING THE CONCEPT TO THE BEDSIDE /  
*FISIOTERAPIA DI PRECISIONE IN TERAPIA INTENSIVA: APPLICAZIONI CLINICHE AL LETTO DEL PAZIENTE*

10.00-11.00 COFFEE AND VISIT TO THE EXHIBITION HALL / *CAFFÈ E VISITA ALL'AREA ESPOSITIVA*  
SIMULATOR SESSIONS / *SESSIONI CON IL SIMULATORE*

11.00-12.30 **PARALLEL SESSIONS**

**ROOM A**

CLINICAL PRACTICE IN ACT / *ESPERIENZE CONDIVISE IN ACT*

**ROOM C**

CLINICAL PRACTICE IN NIV/IMV / *ESPERIENZE CONDIVISE IN NIV/IMV*

**ROOM D**

CLINICAL PRACTICE IN EXERCISE / *ESPERIENZE CONDIVISE ESERCIZIO*

12.00-13.00 **LUNCH WORKSHOPS**

13.00-14.00 COFFEE AND VISIT TO THE EXHIBITION HALL / *CAFFÈ E VISITA ALL'AREA ESPOSITIVA*  
SIMULATOR SESSIONS / *SESSIONI CON IL SIMULATORE*

**PLENARY ROOM**

14.00-14.30 **KEYNOTE LECTURE**

14.30-16.00 **PLENARY SESSION:** FROM EMERGENCY TO EVERYDAY LIFE: INTEGRATED STRATEGIES FOR RESPIRATORY  
MANAGEMENT IN NEUROMUSCULAR DISORDERS / *DALL'EMERGENZA ALLA VITA QUOTIDIANA: STRATEGIE  
PER LA GESTIONE RESPIRATORIA NELLE PATOLOGIE NEUROMUSCOLARI*

16.00 – 16.15 **CLOSING REMARKS / CHIUSURA DEI LAVORI**



# SCIENTIFIC INFORMATION

## LANGUAGE

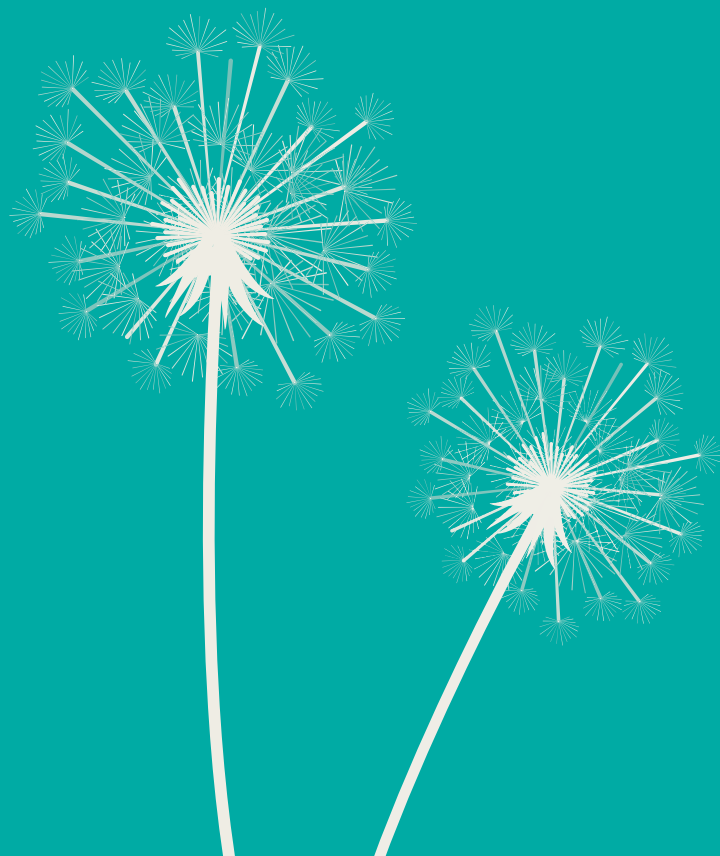
Italian and English are the official languages of the Congress. Simultaneous translation (English/Italian) will be available only during Plenary Sessions.

## COMPUTER CENTER

Speakers are kindly requested to use Powerpoint. A Computer Center will be available in the Congress Area. To allow a smooth running of sessions, Speakers are requested to contact this center and hand in their memory stick at least one hour before the beginning of their session or the previous afternoon for the morning sessions.

## ECM ACCREDITATION

The program of the 6th International Conference on Cardiorespiratory Physiotherapy will be submitted for Italian Continuing Medical Education, for the following roles: physician (pneumologist, anesthetist, pediatric), nurse and physiotherapist.



## ABSTRACT SUBMISSION

The deadline for abstract presentation is postponed to **1 April 2026**.

Abstract can be sent via e-mail to the Organizing Secretariat: [info@victoryproject.it](mailto:info@victoryproject.it)

The Scientific Committee will make a selection. Notification for acceptance will be sent by **10 April 2026**.

## INSTRUCTIONS

The abstract should not exceed 400 words. The abstract must be typed in English using Times 12 pt. Please do not forget to enter your information as follows:

- Address of the corresponding author
- Valid e-mail address is mandatory; fax/phone numbers and postal address may be useful in case of problems with e-mail correspondence.
- Title
- The title should not exceed 20 words.
- Author's names
- The name of the Presenting Author should be mentioned first underlined. Separate multiple authors with commas
- Affiliation(s)
- Institution(s) of the authors
- We recommend that the abstracts are structured into paragraphs, such as Background, Aims, Methods, Results, Summary/Conclusions

**Background:** A short introduction is needed to the background of the study. Limit information to the essentials. If you are referring to published work then you must cite it.

**Aim:** Please mention the aim of the study.

**Methods:** Give enough details for the reader to understand what techniques were used; include details of statistical methods.

**Results:** Results must be stated. Should the method produce numerical data, then numbers must be presented with appropriate statistical results.

**Summary/Conclusions:** significance of the results supported by the data presented.

## POSTER SESSION

Details with size and layout requirements will be given to the authors after selection.

Posters will be displayed in the Congress Area throughout the meeting.

## ORAL COMMUNICATION

The Scientific Committee will select a few abstracts for oral presentation.

Oral Communication Awards Ceremony on:

**Saturday, 9 May 2026 at 19.30.**

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## CONGRESS VENUE

**NH Milano Congress Center**

Strada 2, 20057 Assago MI (Italy)

## SECRETARIAT ON SITE

Secretariat and Registration Desk at Congress Venue will be on duty from Friday 8 May through Sunday 10 May. Opening hours:

**8 May** from 08.30 to 19.30

**9 May** from 08.15 to 19.30

**10 May** from 08.15 to 16.30

## CERTIFICATE OF ATTENDANCE

A certificate of attendance will be given to all registered participants.

## ADMISSION

Participants are kindly requested to wear their badges during the Congress Activities.

## TECHNICAL EXHIBITION

An exhibition of scientific and technical equipment will be organized in the Congress area. Interested companies are kindly requested to contact the Organizing Secretariat to obtain the exhibition kit with full information.

## INSURANCE

The Congress Organizer cannot accept liability for personal injuries occurred, or for loss or damage to property belonging to Congress Participants, either during or as result of the Congress. Please check the validity of your insurance.

## NO SMOKING

Smoking in the Congress Venue is not allowed.

You can register and book your hotel accommodation on line on: [www.victoryproject.it](http://www.victoryproject.it), starting from 20 January 2026.  
For group registration and for any further assistance, you are invited to contact the Organizing Secretariat at [info@victoryproject.it](mailto:info@victoryproject.it)

## PAYMENT INFORMATION

- **Credit Cards:** Mastercard - Visa - American Express
- **PayPal**

## REGISTRATION

REGISTRATION FEES (vat 22% included)

	Before 20 Feb 2026	After 21 Feb 2026
ARIR MEMBERS	€ 200,00	€ 290,00
NO MEMBERS	€ 310,00	€ 390,00
STUDENTS (Bachelor's and Master's degree students)	€ 80,00	€ 80,00
SEPAR/SPP MEMBERS	€ 180,00	€ 180,00
ON SITE REGISTRATION		€ 420,00
INDUSTRY (not having a booth)		€ 100,00

Only registered participants are allowed to attend the ScientificSessions.

**Deadline for registrations is 1 May 2026.**

After 1 May, only registrations on site at the New Registrations Desk in the Congress Venue will be accepted

The registration fee includes:

- Admission to the Scientific Sessions
- Admission to ArIR Awards
- Congress kit

## CANCELLATIONS AND REFUND REGISTRATION FEE

Cancellation received in writing by the Organizing Secretariat by 11 April 2026 will be subject to a 30% penalty. No refund will be given after this date.



FOR FURTHER INFORMATION  
AND TO KEEP YOU UPDATE,  
SCAN OUR QR-CODE



[www.arirassociazione.org](http://www.arirassociazione.org)